**How to be a Good Digital Citizen**

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| **Grade:** Grade 1 Taught to Grade 1/2**Subject:** Health |
| **Content:**This lesson will be exploring digital citizenship and how to safe online while using technology. It is important for young people to learn about life online. They are already active users of online platforms and need to do so in a safe way. There are so many things that connect to this topic, but this is just the beginning. First, we will have a class discussion. Then each student will be able to pick something we learned to make a poster. The poster will teach others how to be safe online. Then a short clip will be taken of them talking about their poster and I will make a video of the classes work to show them. When they are done their poster, they will get a coloring book/activity book to work on with good information to take home and remind them about online safety.  |
| **Outcomes and indicators:****USC1.1** Examine healthy behaviours and opportunities and begin to determine how these behaviours and opportunities may affect personal well-being.

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| **(a)** | Use common and respectful language to talk about healthy behaviours (e.g., habits, choices, actions). |
| **(b)** | Communicate observations of what "healthy" and "unhealthy" looks like, sounds like, and feels like. |
| **(c)** | Ask questions and seek answers about healthy/unhealthy behaviours and opportunities. |
| **(e)** | Illustrate the importance of basic daily behaviours (e.g., washing hands, brushing teeth, eating fruits and vegetables, wearing sun screen and sun protective clothing, being physically active, playing, drinking water, respecting other living things) for good health. |
| **(h)** | Discuss a variety of healthy behaviours over which one has control (e.g., brushing teeth, being active, engaging in quiet time, seeking shade). |

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| **I Can Statements:**I can talk about healthy and unhealthy choices online.I can identify my digital footprint I can be a good digital citizen. |
| **Cross Curricular:**English**CP1.4** Use language, visual images, and other ways (e.g., movement, sound effects) to represent ideas both in and out of role.

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| **(a)** | Express ideas by speaking in role. |

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| **Prerequisite Learning:**They will need to know what technology is. They have all used technology before, so this should relate to everyone.  |
| **Adaption:**-For some students (Scarlett, Rae, Ambesa), I will give them a computer screen template so they can just draw in the screen. To make it more their level.-When taking the videos, I will help all student with what they are going to say if they are unsure.  |
| **Lesson Preparation:**Equipment/Materials:* Blank paper
* Pencil
* Coloring supplies
* Something to video students

Advanced Preparation:* Make [slide show](https://docs.google.com/presentation/d/1npxjF9bmqo6lyjQfqIB97muFMN3uREa3EkEN-hqfH1U/edit?usp=sharing)
* Make booklets for when they are done their poster
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| **Presentation:****Day 1**Set: (1 min)Good morning! We are going to be talking about how to be safe when using technology. We all use technology so it is important that we use it in a way that we are safe. Can everyone join me on the carpet!Development: (30 mins)Carpet discussion: (30 mins)Does anybody know what digital citizenship is? It is how we behave and we do while using technology. * We can be good digital citizens or poor digital citizen
* Now you are probably wonder how we can be good digital citizens!

First of all, we need to talk about what we use technology for. Can anyone tell me what they use technology for? * Searching things up
* Watching videos
* Learning
* Chatting with people
* And gaming

What is the internet?* Can anyone tell me what the internet is?
* Let’s watch this [Video](https://youtu.be/W7FOk1-Jzus) and learn about the internet.

Now we are going to go over tips to think about when using the internet!1. Don’t give anyone your name, address, your school, where you live or any personal information
* [Personal Information](https://www.youtube.com/watch?v=jJdHKqs_pi8) (pause and talk about what the students think should be done)
* Why shouldn’t we tell people this kind of information (can steal your information, know where you are)
1. Don’t chat with people online if you don’t know them
* Why wouldn’t it be a good idea to talk to people you don’t know (they might ask you personal questions, or be mean to you)
1. Don’t meet anyone in person that you meet online
* Why shouldn’t we do this? If we don’t know the people we are talking and they want to meet with you that is not a good idea because you don’t know them.
1. Don’t post pictures of yourself or others without permission
* Why shouldn’t we do this? If we post a picture of someone and they don’t like it, they will probably be upset, and once anything is posted online it’s out there forever.
1. Don’t visit any websites or download anything if you don’t know what it is
* If you visit a website or download things you aren’t sure what they are it might wreck your computer. You should also make sure your parents or guardians are ok with you being online and know what you are doing online.
1. If you have questions about something you see online, ask an adult
* It’s always a good idea to talk to adults about things we see online because they will be able to help you.
* [Video](https://youtu.be/MxJX-porZtA)
1. Don’t say things or post things that you think are wrong
* If we post things that aren’t ok for the internet there is no way to get them back. Even if we delete them they are online forever. We need to make sure we think twice about what we are saying and posting online.
1. Make strong passwords and don’t share your passwords with anyone
* If your passwords aren’t strong people might steal your personal information or hack your account. Passwords are supposed to be private so we should tell them to people.
1. Don’t say mean thing about people online. We need to be kind online.
* We need to be kind to our friends in person and online.
* [Video](https://www.youtube.com/watch?v=0u6-2aCea-M)

Review what do we need to remember when using technology?* Don’t tell people personal information
* Don't talk to people you don't know online
* Don't meet up with people you meet online
* Don't post pictures of people or yourself if not approved
* Talk to an adult if you see or read something online that you are unsure of
* Don’t visit sites or download things when you don't know what they are
* Don’t post things you think are wrong because they are out there forever
* Keep your passwords secure
* Be nice to people online

Closure: (1 min)Next day we are going to make posters to teach others about how to be safe online! Start thinking of some ideas you can put on your poster about one of the things we talked about today. Good listening today everyone. **Day 2**Set: (1 min)Today we are going to continue our lesson about how to be safe online. Can you please join me at the carpet? Development: (3 mins)Carpet discussion: (5 mins)Video: [We are the digital citizens](https://www.youtube.com/watch?v=-N7lRYMmbXU)Now we are going to see what you guys remember from last day. Can anyone remember any of the tips we learned?* Don’t tell people personal information
* Don't talk to people you don't know online
* Don't meet up with people you meet online
* Don't post pictures of people or yourself if not approved
* Talk to an adult if you see or read something online that you are unsure of
* Don’t visit sites or download things when you don't know what they are
* Don’t post things you think are wrong because they are out there forever
* Keep your passwords secure
* Be nice to people online

Individual activity: (30 mins)we are going to make a poster to teach other people about how to be safe online!You need to make it about something we learned about! I want to see your best work because when we are done with them, we will make a video of them and maybe hang them around the school to teach others about how to be safe online. When I call your name I am going to get you to tell me which one you are going to do and come grab a paper. Then you can go sit down at your table. We are going to draw first, then color when you are done drawing!These are the options you can choose from:* Be nice to people online
* Keep information private
* Keep passwords safe
* Don’t talk to strangers online
* Don’t meet people in person that you met online
* Don’t post things that aren’t approved by adults
* Don’t visit sites that you don’t know about
* Talk to an adult if you see or read something you are unsure of online

(Give them time to work on posters)Closure: (1 min)Ok everyone it’s time to clean up our supplies. Put your posters on the back table and we will finish them next day. We will also video you guys next day! Good work today!**Day 3**Set: (1 min)Today we are going to finish up our posters quickly and then I will pull you out one at a time to take a video of you talking about your poster. I will help you with the talking part so don’t worry.Development: (35 mins)I am going to hand out your posters and you can start working on them. * Hand then out and let student work on them

Ask students to put up there hand if they are done.* Give these students the activity booklets and have then work quietly on them
* Take one student out at a time to video them with their poster

(encourage students to finish as quickly as possible)Closure: (1 min)Your posters all look so good. I can’t wait to make a large video of all your little clips and then show you guys. Ok it’s time to put our stuff away when I say go. Put all your supplies away and you can take you booklets home to finish there if you didn’t get a chance to finish here. **Day 4**Show them the video you put together of their great work! |
| **Resources:***10 Internet Safety Tips for Kids.* (2014, August 3). Mcgruff Safe Kids. Retrieved October 28, 2021 from, <https://www.mcgruffkits.com/2014/08/03/10-internet-safety-tips-for-kids/> Coloring Home. 2021. [Coloring pages] <https://coloringhome.com/coloring-page/1868878> Common Sense Education. (2019, August 8). *We are the Digital Citizens* [Video]. YouTube. <https://youtu.be/-N7lRYMmbXU> Planet Nutshell. (2014, June 13). *NetSafe Episode 1: What is the Internet? (Grades K-3)* [Video]. YouTube. <https://youtu.be/W7FOk1-Jzus>Planet Nutshell. (2014, June 13). *NetSafe Episode 2: What is personal Information? (Grades K-3)* [Video]. YouTube. <https://youtu.be/jJdHKqs_pi8> Planet Nutshell. (2014, June 13). *NetSafe Episode 3: Tell an Adult (Grades K-3)* [Video]. YouTube. <https://youtu.be/MxJX-porZtA> Planet Nutshell. (2014, June 13). *NetSafe Episode 4: Be Kind Online (Grades K-3)* [Video]. YouTube. <https://youtu.be/0u6-2aCea-M> Seek PNG. (2019). *Colours For Kids Desktop Coloring Pages How To Color – Laptop Computer Coloring Pages* [Coloring Page]. <https://www.seekpng.com/ipng/u2w7y3i1e6w7w7r5_colours-for-kids-desktop-coloring-pages-how-to/>  |
| **Reflection:** |